

Preparation for the Consecration to Jesus through Mary

According to St. Louis-Marie Grignon de Monfort

1. Summary of the Life of St. Louis de Monfort
2. Why consecrate ourselves to Mary?
3. Explanation of the 33 Days of Preparation

You are invited to pray this prayer, which is part of an ancient Church plea,
recited worldwide on Pentecost Sunday. In the coming days, let us meditate and pray each of its parts:

“Come, Holy Spirit, and send from Heaven a ray of your light.

Come, Father of the poor, come give us Your light.

Comforter, full of goodness, sweet guest of the soul.

Penetrate with Your Holy Light the innermost depths of the hearts of Your faithful.

Without Your Divine Help there is nothing in man, nothing that is innocent.

Wash our stains, water our dryness, heal our wounds.”

-Excerpt from the Pentecost Sequence.

33 Days for the Consecration to Mary: To Jesus through Mary

Start Nov 5 (we will quickly catch up) – to Dec 8 The Marian Feast of the Immaculate Conception.

Daily Prayers:

{At the beginning}

Invocation of the Holy Spirit

Come, Holy Spirit, Fill the hearts of Your faithful and light in them, the fire of Your love.

Send Thy Spirit, O Lord, and all shall be created, and You will renew the dace of the earth.

O God who enlightened the hearts of Your faithful with the light of the Holy Spirit, Make us docile to their inspirations,

To always taste the good and enjoy Your comfort.

Through Jesus Christ our Lord. Amen. Love

{At the end}

Night Prayer

O Jesus, who lives in Mary

O Jesus, who lives in Mary

Come and live in us, Your servants

With Your Spirit of holiness,

With the fullness of Your gifts,

With the perfection of Your ways,

With the reality of Your virtues,

With the communion of Your mysteries,

He dominates us over all enemy power,

By Your Holy Spirit, for the glory of the Father. Amen. Love

Prayer of St. Augustine

You are O Christ, my holy Father, my merciful God, my mighty king, my good shepherd, my only teacher, my best helper, my most beautiful beloved, my living bread, my priest for eternity, my guide to the homeland, my true light, my enlightened wisdom, my humble simplicity, my peaceful concord, my total protection, my rich inheritance, my eternal salvation.

Christ Jesus, most loving Lord. Why would I have desired something in my life outside of You, my Jesus and my God? Where was I when I wasn't thinking about You?

All the desires of my heart, be puffed up and overflow from now on towards the Lord Jesus; run because they have been delayed for a long time; Hurry to the goal, seek the one you seek.

O Jesus, Anathema he who does not love you! Let him who does not love you overflow with bitterness.

Sweet Jesus. May every good heart ready for praise love You, delight in You, be amazed at You.

God of my heart. My inheritance, Christ Jesus! Live, Lord, in me, let the living flame of Your love be kindled in my breast.

And may the day of my death appear perfectly before You. Amen.

Under Your Protection:**Preparation:**

5 Nov	Day 1	Invocation of the Holy Spirit, Reading Romans 12:1-2; Rosary, O Jesus - Night Prayer	Meditate
6 Nov	Day 2	Invocation of the Holy Spirit, Reading Luke 14:28-39; Rosary, O Jesus - Night Prayer	Meditate
7 Nov	Day 3	Invocation, Reading Mark 10:24-30, Rosary, O Jesus - Night Prayer	Meditate
8 Nov	Day 4	Invocation, Reading Luke 14:16-24, Rosary, O Jesus - Under Your protection.	Meditate
9 Nov	Day 5	Invocation, Reading Matthew 7:13-14, Rosary, O Jesus - Under Your tutelage	Meditate
10 Nov	Day 6	Invocation, Reading Matthew 23:25-28, Rosary, O Jesus - Under Your protection	Doing Charity Work
11 Nov	Day 7	Invocation, Reading Galatians 5:16-21, Rosary, O Jesus - Under Your protection	Fasting or Abstinence from food
12 Nov	Day 8	Invocation, Reading John 3:19-21, Rosary, O Jesus - Under Your protection	Confession
13 Nov	Day 9	Invocation, Reading Romans 13:11-14, Rosary, O Jesus - Under Your protection	Practice one of the virtues of the Blessed Virgin
14 Nov	Day 10	Invocation, Reading Luke 12:16-21, Rosary, O Jesus - Under Your protection	Meditate
15 Nov	Day 11	Invocation, Reading James 1:21-27, Rosary, O Jesus - Under Your protection	Check your participation in Mass
16 Nov	Day 12	Invocation, Reading John 17:14-19, Rosary, O Jesus - Under Your protection	Meditate

Filling Himself with the Spirit of Jesus Christ**Self-Knowledge**

Nov 17	Day 13	Invocation Romans 6:3-11 O Jesus - Night Prayer	Remember
Nov 18	Day 14	Invocation Romans 7:4-6, O Jesus - Night Prayer	Remember
Nov 19	Day 15	Invocation John 1:8-10, O Jesus - Night Prayer	Remember, make the decision to give up a bad habit.
Nov 20	Day 16	Invocation Luke 6:43-45, O Jesus - Night Prayer	Remember
Nov 21	Day 17	Invocation Romans 7:21-25, O Jesus - Night Prayer	Remember
Nov 22	Day 18	Invocation Luke 18:9-14, O Jesus - Night Prayer	Remember, recognition of your sins and frailty, seek Mary's intercession to lead you to Jesus
Nov 23	Day 19	Invocation Mark 8:34-37, O Jesus - Night Prayer	Remember

Mary's Knowledge

Nov 24	Day 20	Invocation 1 Corinthians 1:4-8, O Jesus - Night Prayer	Hail Where do you need the Lord's Grace the most? Ask Mary to obtain that Grace from her Son. Keep praying that way every day.
Nov 25	Day 21	Invocation, Genesis 3:14-15. O Jesus - Night Prayer	Hail
Nov 26	Day 22	Invocation Romans 8:28-30, O Jesus - Night Prayer	Hail
Nov 27	Day 23	Invocation, Luke 2:6-7. O Jesus - Night Prayer	Save In your prayer today, ask Christ for great trust and submission to Mary.
Nov 28	Day 24	Invocation, Matthew 6:19-21, O Jesus - Night Prayer	Hail
Nov 29	Day 25	Invocation, 2 Peter 1:5-8, O Jesus - Night Prayer	Hail
Nov 30	Day 26	Invocation 2 Corinthians 11:23-26, O Jesus - Night Prayer	Hail

Knowledge of Jesus Christ

Dec 1	Day 27	Invocation, John 15:1-5, O Jesus - Night Prayer, Prayer of St. Augustine	
Dec 2	Day 28	Invocation, 1 John 1:1-4, O Jesus - Night Prayer, Prayer of St. Augustine	
Dec 3	Day 29	Invocation, Luke 2:51-52, O Jesus - Night Prayer, Prayer of St. Augustine	
Dec 4	Day 30	Invocation, Mark 8:31-33, O Jesus - Night Prayer, Prayer of St. Augustine	
Dec 5	Day 31	Invocation, Isaiah 23:3-12, O Jesus - Night Prayer, Prayer of St. Augustine	Examination of conscience and confession before Consecration
Dec 6	Day 32	Invocation, 1 Corinthians 11:23-26, O Jesus - Night Prayer, Prayer of St. Augustine	
Dec 7	Day 33	Invocation, Philippians 2:5-11, O Jesus - Night Prayer, Prayer of St. Augustine	Save

Dec 8 (At the Church) Consecration to Jesus through Mary on the Feast of the Immaculate Conception

On the day of consecration, either fast, give alms, or offer a votive candle for the good of another (or all of the above); do some spiritual penance and approach consecration in the spirit of mortification. Receive Communion with the intention of giving yourself to Jesus, as a slave of love, by the hands of Mary.

Pray the words of the consecration.

O Eternal and incarnate Wisdom! O sweetest and most adorable Jesus! True God and true man, only Son of the Eternal Father, and of Mary, always virgin! I adore Thee profoundly in the bosom and splendors of Thy Father during eternity; and I adore Thee also in the virginal bosom of Mary, Thy most worthy Mother, in the time of Thine incarnation.

I give Thee thanks for that Thou hast annihilated Thyself, taking the form of a slave in order to rescue me from the cruel slavery of the devil. I praise and glorify Thee for that Thou hast been pleased to submit Thyself to Mary, Thy holy Mother, in all things, in order to make me Thy faithful slave through her. But, alas! Ungrateful and faithless as I have been, I have not kept the promises which I made so solemnly to Thee in my Baptism; I have not fulfilled my obligations; I do not deserve to be called Thy child, nor yet Thy slave; and as there is nothing in me which does not merit Thine anger and Thy repulse, I dare not come by myself before Thy most holy and august Majesty. It is on this account that I have recourse to the intercession of Thy most holy Mother, whom Thou hast given me for a mediatrix with Thee. It is through her that I hope to obtain of Thee contrition, the pardon of my sins, and the acquisition and preservation of wisdom.

Hail, then, O immaculate Mary, living tabernacle of the Divinity, where the Eternal Wisdom willed to be hidden and to be adored by angels and by men! Hail, O Queen of Heaven and earth, to whose empire everything is subject which is under God. Hail, O sure refuge of sinners, whose mercy fails no one. Hear the desires which I have of the Divine Wisdom; and for that end receive the vows and offerings which in my lowliness I present to thee.

I, N_____, a faithless sinner, renew and ratify today in thy hands the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before. In the presence of all the heavenly court I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God in time and in eternity.

Receive, O benignant Virgin, this little offering of my slavery, in honor of, and in union with, that subjection which the Eternal Wisdom deigned to have to thy maternity; in homage to the power which both of you have over this poor sinner, and in thanksgiving for the privileges with which the Holy Trinity has favored thee. I declare that I wish henceforth, as thy true slave, to seek thy honor and to obey thee in all things.

O admirable Mother, present me to thy dear Son as His eternal slave, so that as He has redeemed me by thee, by thee He may receive me! O Mother of mercy, grant me the grace to obtain the true Wisdom of God; and for that end receive me among those whom thou lovest and teachest, whom thou leadest, nourishest and protectest as thy children and thy slaves.

O faithful Virgin, make me in all things so perfect a disciple, imitator and slave of the Incarnate Wisdom, Jesus Christ thy Son, that I may attain, by thine intercession and by thine example, to the fullness of His age on earth and of His glory in Heaven. Amen.

Sign your name here.

Date

After Consecration

Once you have consecrated yourself to Jesus through Mary, live that consecration. St. Louis-Marie de Montfort recommended the following:

- Keep praying to develop a "great contempt" for the spirit of this world
- Maintain a special devotion to the Mystery of the Incarnation (e.g., through meditation; spiritual reading; focusing on Feasts centering around the Incarnation, such as the Annunciation and the Nativity, etc.)
- Frequently recite the Ave, Rosary, and the Magnificat
- Recite, every day if it is not inconvenient, the "[Little Crown of the Blessed Virgin](#)" -- a series of Paters, Aves, and Glorias -- one Ave for each star in the Virgin's Crown. St. Louis has a special way of praying the Little Crown, which is recommended.
- Do everything through, with, in and for Mary for the sake of Jesus, with the prayer, "I am all thine Immaculate One, with all that I have: in time and in eternity" in your heart and on your lips
- Associate yourself with Mary in a special way before, during, and after Communion (see Supplement of the book, "True Devotion to the Blessed Virgin Mary" above)
- Wear a little iron chain (around the neck, arm, waist, or ankle) as an outward sign and reminder of holy slavery. This practice is optional, but very recommended by St. Louis. The appearance of this chain is not further specified, but they can be purchased (search for "consecration chain") or homemade.
- Renew the consecration once a year on the same date chosen above, and by following the same 33-day period of exercises. If desired, also renew the consecration monthly with the prayer, "I am all thine and all I have is thine, O dear Jesus, through Mary, Thy holy Mother."

Some also renew their consecration on the 13th of each month (in honor of Our Lady of Fatima) with the following prayer:

I, _____, a faithless sinner, renew and ratify today in thy hands, O Immaculate Mother, the vows of my baptism; I renounce Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before. In the presence of all the Heavenly court I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God, in time and in eternity.